

NHS Buckinghamshire

2 years on: Public Health Overview and Scrutiny Committee Child Obesity Review

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14 October 2011

Recommendation in OSC report	Organisation Lead	Progress
<p>1.Data collection, monitoring and sharing</p> <p>i) Schools and parents are encouraged to take part in the National Child Measurement Programme</p> <p>ii) Ensure parents, head teachers and primary care are provided with NCMP information in line with national guidance.</p> <p>iii) The PCT and Practice Based Commissioners agree a plan to assess local needs for obesity services informed by available local data</p> <p>iv) Consider setting up a pilot for data collection in secondary schools</p>	<p>Buckinghamshire County Council Cabinet</p> <p>NHS Bucks</p>	<p>School participation is good with only one or two schools requesting not to participate. Pupil participation currently stands at 90.8% for year 6 and 94.2% for year R. Sue Imbriano has supported requests to schools to participate.</p> <p>NCMP is run annually; all letters to parents and schools are in line with the national templates provided by DH and DCSF. Guidance is issued annually by both health and education government department</p> <p>Commissioning within the NHS is in a period of transition. An obesity pathway has been drafted in consultation with general practitioners and is being commissioned service by service. New child weight management and adult weight management services have come on line in September 2011. Data to inform obesity commissioning is in the JSNA.</p> <p>This is a national programme implemented throughout England and Wales; there is no current plan to run this in secondary schools.</p>
<p>2. Partnership Working</p> <p>The Children and Young People's Trust Board provides the strategic lead on commissioning and funding across services for children and young people including the LAA Children and Young People Block. Therefore it is recommended that the</p>	<p>CYPT Board</p>	<p>A Bucks wide multi agency obesity group has been formed, currently chaired by NHS Buckinghamshire obesity lead – including a wide range of stakeholders. It meets three times a year and has three current work streams:</p>

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<p>partnership board takes an active interest in the implementation of all recommendations in this report and in particular Recommendation 2</p> <p>i) Agreement is reached for a strongly led partnership group to oversee countywide activity and the implementation of this report's recommendations, reporting back to scrutiny with an action plan by October 2009. Alternative groups for consideration are the existing Children and Young People's Trust Delivery Group or a group formed from the lead partners contributing to the LAA indicator 56</p>		<p>Partnership work to deliver objective 1 : Enabling an environment that supports healthy weight –in policy and opportunity</p> <p>Service Communication and Integration to deliver objective 2: Early warning early Intervention</p> <p>Service development work to deliver objective 3 Help for those living with obesity through commissioning the obesity pathway</p> <p>The LAA is no longer in place. However obesity is still one of the CYP and NHS Buckinghamshire targets and so is held accountable through those performance processes.</p> <p>Detailed obesity evidence has been submitted to the BCC Prevention Strategy.</p> <p>The strategic framework was taken to the NHS Buckinghamshire board in February 2011 and the Children's Trust Board in March 2011 and agreed</p>
<p>3. Care provision</p> <p>i) The Transition Stakeholder Involvement Group led by the PCT conducts a thorough review of Health Visitor and School Nurse provision with particular regard to equity of provision across the county and the need for recruitment for the BME community</p> <p>ii) The PCT clearly communicates and publicises</p>	NHS Bucks	<p>Child weight Management programme MEND has been commissioned throughout Buckinghamshire</p> <p>The separation of the provider and commissioner services has been completed. The Health Visitor service and School Nursing service are now part of NHS Buckinghamshire Healthcare Trust. The local health visitor workforce review has been superseded by the national health visitor implementation plan 2011 – 2015, of which Buckinghamshire is an early implementer. This should see additional health visitors in post.</p>

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<p>services available for individuals and families with differing weight management requirements</p> <p>iii) The PCT to encourage the GP Collaborative to support the Counterweight programme with a minimum number of practices targeted to participate (paragraph 37)</p> <p>iv) The PCT encourages, by improved communication throughout the health service, the building of stronger links between health visitors and midwives to ensure early identification of issues and appropriate targeting of families.</p>		<p>Services that are available are publicised widely – e.g. MEND is publicised through many channels including the family information service, schools, children's centres, health visitors, district council newsletters.</p> <p>GP's will be aware of services they need to refer people to. A programme of visits by our obesity dietitian updates GP's as to services available. A county wide adult service is currently being launched with attendant publicity.</p> <p>Counterweight has been superseded by a partnership with two commercial companies Weight Watchers and Rosemary Conley who can offer evidence based services for adults at the scale and reach required in Buckinghamshire. This followed a successful pilot programme with these two providers which achieved good outcomes.</p> <p>This is highlighted in many reports on maternal and child health and the new healthy child programme (update of child health promotion programme). Work linking the Community Midwifery services and Health Visiting services is ongoing – joint clinics run within children's centres are being initiated.</p>
<p>4. Nutrition</p> <p>i) Maintain ongoing support for the provision of hot school meals by developing a highly visible support service that is easily accessible to all schools within available resources</p> <p>ii) Roll out the provision of cooking hubs across the county</p>	<p>Buckinghamshire County Council Cabinet</p>	<p>The School Meal Improvement Project Lead Hugh MacLennan continues to make good progress on increasing access to a hot meal at school.</p> <p><u>Current status:</u> 10 hub kitchens operational serving an additional 44 schools with hot meals. In addition 33 schools have had food safety talks and 35 parents evening presentations.</p> <p>The school meal improvement plan is taking a whole school</p>

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<p>iii) Ensure schools with large numbers of black and ethnic minority students are provided with school meal forms in their own language</p> <p>iv) Introduce cashless systems where feasible</p> <p>v) recommendation for CYPP</p> <p>vi) Encourage schools to adopt a stay on site policy to encourage pupils to eat healthier lunches on the school premises.</p> <p>vii) Encourage schools to monitor wastage of school meals to ensure children are eating the recommended nutritional balance at lunchtimes</p>		<p>approach with the new kitchens tied into the curriculum, open to pupil visits, with some having good coffee /snacks available all day. Central purchasing food, 7 week menu cycle with a seasonal change. Professional chefs are being engaged to run the kitchen.</p> <p>Chefs Clubs in the hub schools have been trialled and more are due to be rolled out. NHS Buckinghamshire is funding one year of this programme.</p> <p>There does not appear to be need for own language forms – menu choices will be available in a pictorial format All menus have dietary appropriate food for mixed cultures.</p> <p>Some schools have already gone to a cashless system, new hubs and satellite schools will use this. There is already a Parent Pay online system where parents top up a child's credit. For those without access to online systems cards can also be topped up a pay points (like gas/electricity keys)</p> <p>A good food service will hopefully mean fewer children go off site during their lunch break.</p> <p>Once hub kitchens are operational it is likely there will be some waste measure but this would not be for individual children. All menus comply with the new nutritional standards for primary and secondary children.</p> <p>More detail is available from Hugh MacLennan , the project officer for school meal improvement, who really champions this work</p>
<p>5. Physical Activity</p>		

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(i) Promote support through youth centres and the Healthy Living Centre to sustain current activity programmes targeted to non- participating young people in areas of deprivation.	Buckinghamshire County Council Cabinet	Bucks Sport and the District Council Sports Development teams have many opportunities for young people to be more active and focus work on areas of deprivation
(ii) Encourage GPs to use the exercise referral scheme in participating locations	NHS Bucks	<p>NHS Bucks does not fund any exercise on referral schemes. Currently there are two providers offering this service, NEXUS community in Chiltern and South Bucks (and Thame) and Stoke Mandeville Stadium.</p> <p>A protected learning time event has been arranged with GP's to focus on using physical activity as both treatment and prevention in many diseases; an update on the exercise on referral opportunities will be included. In addition physical activity has been a focus for the Health and Wellbeing board. Signposting patients to Reactivate Bucks campaign and Simply Walk are two universal routes available for GP's to encourage patients to be more active.</p>
6. Healthy Schools i) Encourage schools to identify a 'healthy lifestyles' champion at every school to raise the profile and provide added impetus to the Healthy Schools agenda	Buckinghamshire County Council Cabinet and CYP	With the national changes to the healthy school scheme this objective has altered. There is still contact with schools through the children's public health lead.
7. Parental and Carers influence and involvement (i) Roll out the Mind Exercise Nutrition Do it! (MEND) or complementary programme, across the county to provide accessibility for families in the north of the county	NHS Bucks Buckinghamshire	A contract for child weight management for the whole county was subject to a competitive tender and awarded to MEND central and Nexus Community. The delivery of the new programme started in September 2011. The contract runs for 3-4 years. Parents or carers attend the programme with their child.

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(ii) Phase in the introduction of Health Exercise and Nutrition for the Really Young (HENRY) or a similar programme in Children's Centres within available resources	re County Council Cabinet Children's Centres	NHS Bucks initiated a pilot change 4 life project with a Children's centre in Chesham; however the evaluation was not sufficiently positive to roll out this approach. Many children's centres already offer good programmes around eating and activity –so as an alternative a training programme has been offered ensuring that correct and consistent messages are given and staff are supported in identifying families at risk of obesity for early warning, early intervention, through the centres existing programmes and activities.
8. Provision of information and signposting i) and ii) for the Children and Young People's Trust Board	Buckinghamshire County Council Cabinet	

